Human Rights Day 2015
10 December

Fifty years ago, the United Nations General Assembly adopted two international treaties that would forever shape international human rights: The International Covenant on Economic Social and Cultural Rights (ICESCR) and the International Covenant on Civil and Political Rights (ICCPR).

Created in the aftermath of WWII, the two Covenants along with the Universal Declaration of Human Rights became the International Bill of Human Rights setting out the civil, cultural, economic, political and social rights that are the birth right of all human beings.

Since that time a fundamental sea change has occurred across the world, with many countries recognizing human rights and the rule of law as the basis for truly resilient and stable societies.

The Two Covenants - More Relevant Today Than Ever

Yet, challenges remain.

FREEDOM, underpins the International Bill of Human Rights – freedom from fear, freedom of speech, freedom of worship and freedom from want.

To promote and raise awareness of the two Covenants on their 50th anniversary, the UN Human Rights Office is launching on Human Rights Day "Our Rights. Our Freedoms. Always," a year-long campaign to shine a light on the inalienable and inherent rights of global citizens -- now, and always.

“Our Rights. Our Freedoms. Always." revolves around the timeless themes of rights and freedom and the relevance of the work that continues in securing and ensuring them. At its core, FREEDOM, underpins the International Bill of Human Rights – freedom from fear, freedom of speech, freedom of worship and freedom from want.

On Human Rights Day, we invite you to join in celebrating 50 years of freedom as embodied in the International Covenant on Economic Social and Cultural Rights (ICESCR) and the International Covenant on Civil and Political Rights (ICCPR). These four freedoms are as relevant today as they were when the Covenants were adopted.

Download the [English transcript](http://www.ohchr.org/EN/NewsEvents/HRDay2015/Pages/HRD2015.aspx) of this video. Please note that subtitles for this video are available in Chinese, French, Russian and Spanish. An [Arabic version](http://www.ohchr.org/EN/NewsEvents/HRDay2015/Pages/HRD2015.aspx) of the video is also available.

Transcripts: Chinese | English | French | Russian | Spanish